

CHAOS



WITH ANDREW TALLMAN

SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30AM	8AM - Stretch	5:30AM	8AM - Stretch	5:30AM	9AM
7AM	9AM	7AM	9AM	7AM	
8AM		8AM		8AM	
9AM		8:30AM		9AM	

RATES

TRAINING SESSIONS	MEMBER	NONMEMBER
1 DAY PER WEEK	\$80	\$90
2 DAYS PER WEEK	\$100	\$110
UNLIMITED	\$120	\$130

Contact Andrew with any questions:

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