



# CHAOS

WITH ANDREW TALLMAN

## SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6AM	8AM - Stretch	6AM	8AM - Stretch	6AM	9AM
7AM	9AM	7AM	9AM	7AM	
8AM		8AM		8AM	
9AM		9AM		9AM	

## RATES

TRAINING SESSIONS	MEMBER	NONMEMBER
1 DAY PER WEEK	\$80	\$90
2 DAYS PER WEEK	\$100	\$110
UNLIMITED	\$120	\$130

Contact Andrew with any questions:

[AndrewTallman@gmail.com](mailto:AndrewTallman@gmail.com)

(248) 393-3085